

“FOR A HAPPY STUDENT LIFE”

Most of the student find that the reality of being at college doesn't live up to the fantasy. But life isn't perfect. Though the students live appear to be happy, many students experience much heartache, hurt, deep pain and a host of unresolved issues. The question is, therefore, what can we realistically expect of student life? What can we do to make student life happier? Are educational institutions a place where real love can be experienced?

Most students enter college with unrealistic expectations of how college should be. It would do good to downgrade these ideas to something more grounded in reality. A bad start at college does not mean that things won't workout in the long run. Students just have to be patient. For a happy student life not only students but parents and teachers are also responsible. To make it easier to understand, I have given a few tips to parents, teachers and students.

FOR PARENTS

Encourage and Affirm: A college lecturer once told me, “I have grown up with a positive self-image and great confidence, because my father really helped me to believe in myself.” A word of genuine appreciation from parents means the world for their children. Therefore, parents must encourage and motivate their children constantly.

Spend Time with children: Parents should share their interests, hobbies etc., with their children. Children feel more confident, secure and loved when parents spend time with them. Moreover, parents would also be satisfied that their children grow up in a loving and safe environment.

Correct Them: Children are not perfect and need to be corrected. Parents should set an example as children tend to follow them. In a much-publicized American drug trial, a teenage drug-addict told that court: “I was hoping that my mother would step in and say, “stop it! But she didn't.”

FOR TEACHERS

Empathy: Teachers should be empathetic to the problems of their students. It is often said that this is an essential quality of a successful teacher, which all children can sense. Only if a teacher is empathetic he/she can appreciate and understand the feelings of the students.

Be Friendly and Approachable: Teacher's interaction and involvement is the starting point to have confidential interaction with them. Teacher's involvement will make them easily approachable to students.

Student-centered: The teacher's main concern should be the overall development if the students and not just completion of the syllabus. Teachers should encourage contribution from the student community and recognize the potentialities and opportunities to display their skills so as to build their self confidence. Being supportive and optimistic are the other main aspects. If this happens, the happens, the students will enjoy their life in college and build up their self-image and self-esteem.

FOR STUDENTS

Focus on the purpose: The main focus of students is to invest time and effort in attending classes, taking notes, revising and writing examinations. Their concentration should be focused towards their goal. Student life is one of the most beautiful and productive stages in everyone's life. Few are blessed with it, in a country where many are not given a chance even for basic education. So it is very important to make the best use of it. Once we master academics, it will not only ensure a better career, but learning by itself will also be fun. Students who excel in academics enjoy their student life to the maximum.

Healthy Relationship: Students need to improve their study skills, time management, and learn relaxation techniques to reduce stress. In such cases it is advisable to seek guidance from teachers and parents. For this one need to build a healthy relationship with them. Healthy relationship makes students inwardly strong. This strength is the driving force that brings out good manners, love, selflessness, co-operation, braveness, etc.

Respect Elders: The parents and teachers must direct, guide and encourage their words. In return, all the students should co-operate by obeying, with optimism and humility. Respecting elders is a good sign of a dutiful student.

Just as different organs of the body should coordinate with each other for a healthy life teachers-parents-students should cooperate and work in harmony to create a happy and successful student life. Being a student is a once in a lifetime opportunity, so enjoy it as long as it lasts.

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PRINCIPAL