# PERSONALITY DEVELOPMENT

Life is a game with a glorious prize if we can only play it right. The secret of success and happiness depend us. Our greatest glory is in never falling but in rising every time we fall. So we must bear some great thoughts about future.

In this emerging world, we have to occupy a permanent place for us. We can inspire others and assemble their attention to us by the way of behavior, way of dressing, the way we approach others. The person with these wonderful qualities is regarded one with IDEAL PERSONALITY.

### WHAT IS PERSONALITY?

- 1. It is the individual totality of characters like intelligence, looks and characters.
- 2. Personality is the motive power behind one's activity.

# "PERSONAL DEVELOPMENT IS NOT AN AUTOMATIC PROCESS"

# **POSITIVE INTERACTION WITH PEOPLE**

Life from infancy to old age consists mostly of interaction with others. Considering the importance of interacting with others smooth sailing, that is where courtesy, good manners, consideration for others come into play. That doesn't mean that one should wear costly or fashionable clothes.

#### SELF ASSESSMENT

When you launch yourself on a programme of self development, the first step should be to make as objective an assessment of yourself as possible. Your strong and weak points. We must examine ourselves with our habits.

#### **PHYSICAL FITNESS**

The body is the first requisite for proper performance of life duties. Health or fitness is not merely absence of sickness. It is a dynamic state where not only one's body but also mental faculties' fun function at peak level. "A SOUND MIND IS A SOU ND BODY'. In this world we have to achieve many things. To achieve these things we have to pass many hurdles. To pass these hurdles we must have sound health. Enough rest is also needed for good health.

# **CHOOSING A GOOD ROLE MODEL**

The dictionary defines a hero as a "Person noted or admired for nobility, courage, and outstanding achievements." We must take care in selecting good role models. There is this dictum.

#### **ON BEING A PRODUCT PERSON**

Precedence means carefulness, being circumspect discrete, cautions, wary. Take for instance precedence play an important role in interpersonal relational ships. A precedence use of one's time is as essential as in the case of money.

#### **ORGANIZE YOURSELF**

The Wiseman wishes to be slow in his conduct. To succeed in life, we must co-ordinate our actions and act slowly but steadily.

#### **BE DIFFERENT, BE INNOVATIVE**

The world takes note of only people who are different from others. As a result, they achieve success which they would not even dream of. The world's great discoveries, inventions, works of art are all the result of some people thinking and acting differently from the general run of human activity.

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"LAUGH, THE WORLD LAUGHS WITH YOU WEEP, AND YOU WEEP ALONE" is a well known saying. Smiling awakens friendly feelings in the people and prepares the grounds for healthy relationships. A smile is a golden key. It opens the innermost door of the heart of all. It breaks the loudest attitudes and evokes immediate response.

# MANNERISM

Good manners, courtesy, politeness is the manifestations of a person's consideration. A man is considered cultured if he has a pleasing deportment, his behavior making a good or favorable impression.

Courtesy and good manners are the best and least expensive investment one can make in life thereby he creates goodwill in persons he comes into contact with thus smoothening interaction.

Strong firm and will determination help a man to take the work in an easy way and finish it quickly. We should not be depressed on failures. The secrets of many achievers are in their will. When we have a goal and will success will very near.

# CONCLUSION

The young are the inheritors of tomorrow. Every effort should make to remind them of their heritage and provide them a proper route to good life. It is my firm conviction that a sincere and serious up look of there factors lead a young with full personality.

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